

THE MODERN APPROACHES TO REHABILITATION OF BRONCHIAL ASTHMA PATIENTS

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Summary

The main requirements to the rehabilitation treatment of bronchial asthma (BA) have been presented. The basic tasks of the preventive therapy have been formulated. The brief characteristics of sanatorium treatment and different physiotherapy methods have also been discussed. The advantages of nebulizer therapy in complex BA treatment have been elucidated. The role and place of speleotherapy and its artificial analogues in rehabilitation system of BA patients have been detailed. The attention of physicians must be paid to a necessity of development of the individual programs of the long-term asthma control. This must include natural and preformative factors. These programs must become an obligatory component of rehabilitation of BA patients.