

EFFECT OF COMPLEX EDUCATIONAL PROGRAMME ON THE QUALITY OF LIFE AND COURSE OF BRONCHIAL ASTHMA IN CHILDREN

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Summary

Assessment of 180 children, aged 3-16 years with bronchial asthma of various severity and duration of the disease from 1 to 13 years, was performed. Of them, 90 children were engaged into the educational programme the main group, the other 90 were controls.

Results of the executed complex educational programme proved its efficiency: intensity of the symptoms reduced, the number of exacerbation decreased and period of absence from school due to asthma became shorter, the number of emergency hospitalisations decreased, quality of life in the sick children improved.