

# MODERN VIEWS ON AETIOLOGY AND MECHANISMS OF FOOD ALLERGY AND NONALLERGIC FOOD HYPERSENSITIVITY DEVELOPMENT

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## *Summary*

This article treats of the modern views on aetiology and mechanisms of food allergy and nonallergic food hypersensitivity development. Types of cross-reactivity are described. We show that food allergy in adults is often associated with sensitisation to other allergens, particularly to inhalants (pollen, house-dust mite, bird, cat, latex) and is called class 2 food allergy, immunological basis of which is IgE cross-reactivity. Risk factors of food allergy are analysed. Significance of gastrointestinal tract and gut association lymphoid tissue (GALT) protective barriers in oral tolerance development are shown.

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