

THE POSSIBILITIES OF ELIMINATION THERAPY OF ALLERGIC DISEASES

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Summary. *The article contains the characteristic of the different groups of indoor allergens that cause the development of respiratory allergic diseases. The special attention is paid to the role of complex allergen of the house dust. It is noted that in the occurrence of house sensitization the allergens of mites, domestic animals, molds and insects matter much. The importance of conduction, though not always with sufficient effectiveness, of different elimination measures for the reduction of the indoor allergens concentration is shown. The possibilities of application as elimination measures at respiratory allergic diseases of nasal irrigation by isotonic and hypertonic salt solutions of «Humer» line are reviewed.*

Key words: *allergic diseases, indoor allergens, elimination allergens, nasal irrigation, salt solutions.*