

BRONCHIAL ASTHMA AND ALLERGIC RHINITIS: WAY TO OPTIMIZE THE COMPLIANCE AND EFFECTIVENESS OF TREATMENT

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Summary

The article presents a modern approach to the problem of asthma and allergic rhinitis as comorbid disease in adults and children. Considered the concept of a single chronic allergic respiratory syndrome. According to international and national guidelines for the management of patients with asthma and allergic rhinitis the place not sedatives antihistamines and antileukotrienes in the treatment of this disease. The data on compliance in the treatment of children with asthma and ways to optimize. Scientific substantiates the use of fixed-dose combination levocetiristine and montelukast in the treatment of allergic rhinitis and asthma in children and adults.

Key words: *bronchial asthma, allergic rhinitis, compliance, treatment.*

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