

## COMPLEX APPROACH TO THE TREATMENT OF ALLERGIC RHINITIS AND BRONCHIAL ASTHMA

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### Summary

*The article presents the common features of allergic rhinitis and asthma. Adjusted review of studies on the efficacy and safety of the use of antihistamines (Levocetirizine), leukotrienes modifiers (Montelukast) combination therapy of patients with allergic rhinitis, in the treatment of patients with combined pathology – allergic rhinitis and asthma. Favorable pharmacokinetics and high safety, profile, available for patients of all ages, easy and safe technology of treatment make such a combination of drugs very attractive in broad medical practice to treat not only the AR, but in the complex treatment of patients with combined pathology – asthma and AR, providing simultaneous effects on symptoms of both diseases.*

**Keywords:** *allergic rhinitis, bronchial asthma, treatment.*

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