MODERN ADVANCES IN THE DEVELOPMENT OF COPD KNOWLEDGE AND APPROACHES TO THEIR TREATMENT (BASED ON MATERIALS FROM THE RESPIRATORY FORUM OF EXPERTS FROM CENTRAL AND EASTERN EUROPE)

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Abstract. On November 22–23, 2019, a meeting of experts from Central and Eastern European countries was held: «COPD treatment: Understanding barriers to change», organized and conducted with the support of Boehringer Ingelheim, a pharmaceutical company. Issues of a modern approach to the treatment of patients, increasing their adherence to basic therapy were discussed at forum. The best combination of LAMA/LABA inhaled bronchodilators, which leads to a decrease in the frequency of exacerbations of COPD, is the combination of tiotropium with olodaterol delivered by the innovative re-usable Respimat*.

Key words: COPD, Respimat® re-usable, environment, adherence.

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