

**EFFICACY OF ADJUVANT
BISPHOSPHONATES THERAPY
FOR PREVENTING OF BONE METASTASES
AND DECREASING
OF BONE MINERAL DENSITY**

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Summary. This article outlines the results of studies, that there is increasing evidence that oral clodronate has important clinical benefits in early breast cancer, and discusses the potential role of other bisphosphonates (ibandronate and zoledronic acid) as the components of adjuvant therapy of this patients. Moreover some dates about positive influence on bone mineral density during systemic cytostatic therapy of patients with some tumour types are observed.

Key words: *adjuvant therapy, bisphosphonates, bisphosphonates, breast cancer, bone mineral density, bone metastases.*