STATE OF PHYSICAL ACTIVITY IN CHRONIC OBSTRUCTIVE BRONCHITIS PATIENTS WITH AND WITHOUT DISABILITY

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Summaru

The exercise tolerance in 6-minute walking test was studied in 55 chronic obstructive bronchitis patients with and without disability. Control group consisted of 20 healthy persons. The results of the study have shown that 6-minute walking test distance depended on severity of bronchitis symptoms, intensity of smoking, severity of dyspnea in rest and after physical exercise. Taking into account a simplicity and the availability of this test it is possible to recommend its application for the assessment of severity of disease.