IDIOPATHIC PULMONARY FIBROSIS AS A FORM OF THE IDIOPATHIC INTERSTITIAL PNEUMONIA

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Summary

The article presents major issues of international consensus (considering clinical and morphological features, diagnosing and treatment of the disease), developed by experts of American Thoracic Society, regarding a term "idiopathic pulmonary fibrosis", which is known in our country as "idiopathic fibrousing alveolitis" (IFA). According to consensus IFA is one of most prevalent forms of idiopathic interstitial pneumonia. Such the clinical-histological variants as desquamative pneumonia, acute interstitial pneumonia (Hammen-Rich syndrome) and unspecified interstitial pneumonia are presently considered the separate nosological forms (less than 10 % of all idiopathic interstitial pneumonia cases).

Among other clinical methods, used for diagnosing of IFA, a lung biopsy and high definition computed tomography play an important role. In treatment of patients it is recommended to use combinations of corticosteroids with cytostatics.