

# THE RESULTS OF SHUTTLE-TEST AND QUALITY OF LIFE INDICES IN PATIENTS WITH CHRONIC OBSTRUCTIVE PULMONARY DISEASE

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## *Summary*

Based on incremental walking shuttle-test results and quality of life assessment, using St. George' questionnaire, we studied a state of physical capacity of 37 COPD patients. The results of correlation analysis confirmed the inverse relationship of walking distance index (SWD) with quality of life index, calculated using respiratory questionnaire. The correlation of SWD and "capacity" scale index was statistically significant. The data obtained allowed to use the results of incremental walking shuttle-test as an additional criterion for evaluation of quality of life of COPD patients.