

# THE MECHANISM OF CLINICAL EFFECTIVENESS OF ALIMENTARY DEPRIVATION IN ASTHMA PATIENTS WITH VISCERAL OBESITY

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## *Summary*

A study of positive influence of alimentary deprivation in asthma patients with visceral obesity demonstrated a body mass reduction, which was accompanied by a decrease of blood pressure and lesser prevalence of lipids and carbohydrates metabolisms disturbances. The abnormal spirometry was also observed less frequently. There were registered an increase of nonspecific resistance and decrease of inflammation, activity of humoral immunity and risk of thrombotic complication. Alimentary deprivation promoted a liquidation of visceral obesity influence on asthma course and prevented a metabolic syndrome development.